

Casey Gonzalez, an Arizona native, has always had a passion for movement. She graduated from The Ailey School Certificate program in 2012 and followed up with achieving a B.S. in Healthy Lifestyles and Coaching From Arizona State University, a classical comprehensive Pilates Certification and both **GYROTONIC®** and **GYROKINESIS®** Teacher Training certifications by 2017. Her dance career has bridged the gap between the commercial and concert worlds. She has worked with choreographers such as Mandy Moore and Andrew Winghart, for brands like Master Card, Smirnoff, and Disney and performed on stages across Germany, France, Switzerland, and Dubai touring in Sweetbird Productions “Rock the Ballet X” and “Romeo & Juliette” ballets, choreographed by Adrienne Canterna. Casey began assisting for CLI Studios in 2019 for choreographers like Teddy Forance and Kathryn McCormick and made the move to Massachusetts from Los Angeles in 2021 to be a resident faculty member at The CLI Conservatory. Casey is also on faculty with Dana Foglia Dance programs. Casey takes great pride in working with younger dancers that have professional aspirations. She’s been fortunate enough to guest teach and choreograph at studios and is often a guest teacher and judge at Dance Masters of America organization events. From her own career experience and extensive study of movement, Casey’s mission is to coach and guide dancers to understand and value efficiency in movement. Casey believes that with the right balance of concentration, balance, and energy, even the most advanced movements can be done with ease and flow. Each class is aimed to unlock the greatest potential in each individual body. Outside of Casey's deep appreciation for movement, Casey is a cat mom to Fred and Ginger, 6-year-old sibling cats.